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FOR IMMEDIATE RELEASE:

"YOU ARE NOT ALONE" CD RELEASED AS FUND-RAISER FOR RECOVERY OUTREACH

ROCKVILLE, CT (5/20/21)—Become Part of the Solution (BPS), an all-volunteer, non-profit recovery outreach based at Union Church in the historic Rockville section of Vernon, is celebrating its 30th anniversary by releasing "You Are Not Alone," a new musical CD featuring Chris Luginbuhl and his grandson Joe Sach. The CD is now available for a minimum donation of \$10 at Rockville Pharmacy, 42 Windsor Avenue, or from Luginbuhl directly at 860.978.8355 or reflectandglow@gmail.com. If the CD needs to be shipped somewhere in the U.S., the minimum donation is \$15. All proceeds will go toward providing care for alcoholics and addicts in need.

Songs on the CD include Driftwood Man, Goin' On A Trip, I've Got Joy, I Wander Aimlessly, Blame Game, Morning Fog, and Monterey. Songwriters include Luginbuhl, Sach and two of Luginbuhl's friends who have since died, Bill Auguste and Ray Porter. "The three songs I wrote," says Luginbuhl, "have been dancing in my head for over 50 years. It was time to record them as a fundraiser, with the help of my talented grandson Joe and my friend Tony Marossie of Stafford, who donated the studio time to record and produce the new CD."

Founded in 1991, BPS (<u>www.BPSrockville.com</u>) was formed to help to provide and fund inpatient acute care, post inpatient rehabilitation, and post rehabilitation housing for alcoholics and addicts in need. BPS was founded by Luginbuhl and Smokey Orcutt, a Drug and Alcohol counselor at Rockville General Hospital who was having a difficult time getting people into treatment because many of them were uninsured or under-insured. Orcutt died in 2013, but Luginbuhl has continued with the work. Over the decades, BPS has sponsored many people from across Connecticut. The organization has no paid staff and no overhead.